

# FibroMax for **Metabolic** patients

## Screening for cirrhosis and liver cancer

and detecting «silent» steatohepatitis

### Why monitor the liver of metabolic patients?

FibroMax evaluates the risk of fibrosis, cirrhosis and hepatocellular carcinoma in populations over 40 years of age with metabolic-related factors (i.e overweight, hypertension, elevated triglycerides or cholesterol, impaired fasting glucose or diabetes).

#### Diagnose and reassure

The use of the FibroMax liver panel should help the clinician:

- To reassure patients with steatosis only, without fibrosis
- To better manage patients with severe injuries such as advanced fibrosis and NASH, and particularly those at risk of cirrhosis and liver cancer

#### FibroMax (FibroTest+SteatoTest+NashTest)

FibroMax is a liver panel used in the diagnosis and the follow-up of liver fibrosis, steatosis and inflammations with a blood sample and is done at a local laboratory:

- FibroTest: estimates the liver fibrosis<sup>1</sup> and the prognosis<sup>8</sup>
- SteatoTest: estimates the liver steatosis<sup>2</sup>
- NashTest: estimates the steatohepatitis<sup>3</sup>
- ActiTest: estimates the necroinflammatory activity<sup>9</sup>

FibroMax is validated on the prospective European cohort FLIP of patients with histologically diagnosed NAFLD<sup>10</sup>.

#### Better than standard liver enzymes or ultrasound

ALT and GGT lack sensitivity and specificity for the diagnosis of liver injury. <sup>1,5,6</sup>

SteatoTest has two advantages over liver ultrasound:

- It is more accurate for the detection of significant steatosis <sup>2</sup>
- FibroTest and NashTest complement its diagnosis of liver fibrosis and inflammation, respectively

#### References:

- 1. Ratziu V et al. BMC Gastroenterol 2006
- 2. PoynardT et al. Comp Hepatol 2005
- 3. Poynard T et al. BMC Gastroenterol. 2006
- 4. Ratziu V et al. Aliment Pharmacol Ther 2007
- 5. Mofrad P et al. Hepatology 2003
- 6. Jacqueminet S et al. Clin Gastroenterol Hepatol 2008
- 7. Bedossa P et al. Hepatology 2012
- 8. Perazzo H et al. APT 2014
- 9. Poynard T et al. Plos One 2012
- 10. Munteanu M et al. Aliment Pharmacol Ther 2016

1.00 Fibro Test Estimates hepatic fibrosis. 0.75 Score (METAVIR): F0: no fibrosis 0.50 FI: portal fibrosis F2: portal fibrosis with rare septa F3: portal fibrosis with many septa 0.25 F4: severe fibrosis 0.00 **SteatoTest** 1.00 Estimates hepatic steatosis, common cause 0.75 of GGT and ALT elevation. Interpretation of the score: S0: no steatosis (<1%) 0.50 S1: minimal steatosis (1-5%) S2: significant steatosis (6-32%) 0.25 S3: severe steatosis (>32%) 0.00 **NashTest** 1.00 Estimates non-alcoholic steatohepatitis 0.75 (NASH) in patients that are insulin-resistant, overweight, diabetic or hyperlipidemic. Interpretation of the score: 0.50 N0: no non-alcoholic steatohepatitis NI: probable non-alcoholic 0.25 steatohepatitis N2: presence of non-alcoholic steatohepatitis

FibroMax is a liver panel including 3 non-invasive tests: FibroTest, SteatoTest and NashTest



SAF score is the new simplified histologic classification for the main liver lesions (steatosis, activity and fibrosis) in NAFLD risk patients<sup>7</sup>

Assays (done at a local lab.): Alpha-2 macroglobulin, Haptoglobin, Apolipoprotein A I, Total Bilirubin, GGT, ALT, AST, Cholesterol, Triglycerides, Fasting Glucose, age, gender, weight, height

